Activity name: Structural Framework: Readiness To Be Mobile

This framework should be applied post-mobility, during the follow-up period, when the participant has returned home. It can also be used in preparation for long-term mobility and should be revised when other mobility changes are happening in the participants life, such as being more independent in daily life. The Structural Framework is a system for validating progress during the mobility, planning future progress, and empowering PWIDs for possibilities in work, education and independent living through what they have already accomplished. It also highlights areas which could benefit from further support

Participants [As applicable from case to case]	Accompanying Person Hosting Organisation Employer and Co-Workers Family Members Participant Sending Organisation School Any other person who has worked with the participant during their mobility
Material	Notes and journal about the mobility Reports from pre and post mobility Notes or reports from previous assessments Communication aid (if necessary) Writing tools
Method	Using the template (below) to help prompt questions and assess the participant's readiness to become increasingly autonomous across multiple dimensions: ● Psychological readiness (confidence, openness to change) ● Physical energy and autonomy (needs, fatigue, managing routines) ● Job skills (transferring skills to new contexts, open to learning) ● Support System and environment (family dynamics, support services) Ask the participants' support network, and the participant, questions and scenarios across the various dimensions and rate the answers depending on presence or lack of presence of readiness and independence. This helps to visualise realistic future steps such as continuing tasks for more independent living, gaining further education, and exploring employment or volunteering in their home town. **NB** There are no right or wrong answers. We are all individuals on our personal journey
Aim	To create an accurate, realistic and personalised representation of the participants' readiness to continue building on the mobility experience during their daily life. Hence, becoming a more active participant in society, including possibilities of civic engagement, for example becoming an ambassador.

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Level of readiness to be mobile (in general) [LIFE - Psychological]	Level of Autonomy [Energy - Physical capacity]	Internal job mobility [Ready and able to learn new things]	Any other business	Notes
Almost ready to be fully mobile physically and psychologically (Has already or can manage to do routine things such as laundry, shopping, cooking, cleaning etc.)	Ready for full time	From 1-10 (1 lowest, 10 highest) how much do you think this person would be ready to be mobile within the same organisation Ready to learn and augment the number of tasks one can do	Examples: Personal resistance to change Family resistance Addictions Medications Family recommendations for more support	
	Halfway			
	Limited job/time			
Ready to be mobile but needs frequent external pop-ins (example social worker or relative doing weekly check ins)	Ready for full time	From 1-10 (1 lowest, 10 highest) how much do you think this person would be ready to be mobile within the same organisation Ready to learn and augment the number of tasks one can do		
	Halfway			
	Limited job/time			
Is mobile but can get fatigue and therefore requires frequent breaks and regular home visits	Ready for full time	From 1-10 (1 lowest, 10 highest) how much do you think this person would be ready to be mobile within the same organisation Ready to learn and augment the number of tasks one can do		
	Halfway			
	Limited job/time			
Not ready to be mobile	Ready for full time	From 1-10 (1 lowest, 10 highest) how much do you think this person would be ready to be mobile within the same organisation Ready to learn and augment the number of tasks one can do		
	Halfway			
	Limited job/time			

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